



Hello!

Thank you so much for requesting/downloading your MyBreak50 pack celebrating Break's 50th Anniversary, 1968 - 2018.

In here you will find everything you need to start your Break journey. Whether you're embarking by yourself, with friends, involving a community group or taking part with your work colleagues, there's something for everyone!

You'll meet the team, get pointers on how to organise an event, get top tips on raising the most money possible and even create your own collection pot! Don't worry if holding an event isn't your cup of tea, there are a variety of other ways that you can support us, all explained within this pack.

And most importantly, we will share with you the incredible work has been doing for the past 50 years, and how your support can make a difference and help to change young lives.

Thank you again for choosing to support Break. We look forward to hearing from you - and remember together we can do amazing things.

Keep in touch,

The Fundraising Team

Let's get
started

A stylized sunburst graphic consisting of five teardrop-shaped rays in yellow, green, orange, and pink, positioned to the right of the text 'Let's get started'.