

Role Description and Person Specification

Title: Volunteer Mentor
Responsible To: Mentor Co-ordinator
Location: Norfolk

Key Purpose:

A Volunteer Mentor provides support for vulnerable young people, meeting on a regular one-to-one basis. They should be non-judgemental, confidential and aiming to guide, encourage, and motivate the young person whilst in placement, short term break or in transition to independence. They should be committed to looking at the positive side of the young person and moving at their own pace.

Key Tasks:

- To negotiate and agree practical arrangements to meet with the young person
- To explain and establish boundaries of relationship
- To identify, agree and set goals with the young person –in small stages and over a period of time
- To encourage and enable the young person to enjoy their achievements
- To meet and actively develop the mentoring relationship through the stages of trust
- To provide basic advice and information according to the young person's needs
- To support a young person both emotionally and practically, referring back to the Co-ordinator

The Mentor Must Have The Following:

- Ability and willingness to give a long-term commitment of one year to the young people
- Ability to relate to young people
- Be open and accepting of young people as they are
- Open to learning and have capacity for self development
- Understand the limitations and boundaries of a mentoring role and the Relationship
- Satisfactory 'Enhanced Criminal Records Check'
- Adhere to data protection and safeguarding policies
- Able to be confidential and respectful of young people and those involved with them
- Able to motivate and inspire, and be a positive role model
- Have an understanding of the issues in relation to young people who are Looked after, leaving care or who have disabilities
- Ability to maintain appropriate contact with the young person and report to Co-ordinator, as pre-arranged or in the event of any arising issues or problems

Key Attributes

Be a good Listener; Supportive; Enthusiastic; Communication skills; Patient; Questioning; Empathetic; Flexible; Tolerant; and Have a sense of humour.

If you have any questions please contact:

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